Profile of Elderly Women

Demographic characteristics of elderly women

- 1 in 5 of the total country population is a woman aged 60 and over (20.6%)
- There are 1.5 women aged 60 and over to 1 man of the respective age
- There are 3.1 women aged 80 and over to 1 man of the respective age

Source: author's calculations based on NBS population statistics, 2014

Life expectancy

- Women aged 60+ are expected to live on average 19.5 years more, of which 11.6 years in good health condition
- Women aged 70+ are expected to live on average 12.2 years more, of which 6.3 years in good health conditions

Source: NBS demographic statistics and Centre of Demographic Research, 2014

Assistance requested by elderly women

- 1 in 2 elderly women asks for assistance from a family member (58%)
- 1 in 5 asks neighbours for help (20%)


Out of 10 women aged 60 and over:

- 7 are 60-74 years old
- 2 are 75-85 years old
- 1 is 85 years old and over

6 live in villages (58%) and 4 in towns (42%)

Households of elderly women

Out of 10 women aged 60 and older

- 4 live alone
- 3 live with husbands
- 1 lives in families with children up to the age of 18
- 2 live in families without children

Source: NBS demographic statistics and Centre of Demographic Research, 2014

In every 2nd household formed of migrants, families with children and elderly women in their composition, the grandmother is the main caregiver (47%)

Source: NBS, Household Budget Survey, 2014

Education level of the elderly women

Out of 10 women aged 60 and over

In towns

- 2 have higher education (24%)
- 4 have secondary specialized or vocational education (36%)
- 4 have secondary general, gymnasium or primary education (40%)

In villages

- 2 have higher education, secondary specialized or vocational education (21%)
- 2 have completed the general secondary school (15%)
- 6 finished a gymnasium, primary education or no education (64%)
**Access of elderly women to health services**

Out of 10 elderly women:
- Over half suffer from cardiovascular diseases
- Almost 2 have osteoarticular diseases
- 3 suffer from other diseases

Women aged 65 and over encounter difficulties in their daily activities:
- 2 out of 5 when getting up from a chair
- 1 in 3 when lifting weights
- 3 out of 10 when raising their hand and touching their back

There are 680 women with disabilities per 10 thousand elderly women:
- 2 do not suffer from any chronic diseases
- 2 suffer from a certain chronic disease
- 6 suffer from 2 chronic diseases

Out of the elderly women with disabilities:
- 15% women maintain their work ability up to 20% (severe disability)
- 82% women between 25-40% (accentuated disability)
- 3% women between 45-60% (medium disability)

Source: NBS based on the data of the National Social Insurance House, 2014

**Elderly women’s visits to the doctor**

- 6 out of 10 elderly women make visits to the doctor
- Elderly women from towns make on average 4.5 visits to the family doctor on annual basis, and those from villages – 2.8 visits

**Poverty of elderly women**

Are affected by the poverty (absolute poverty rate):
- 1 in 11 women aged 60-64
- 1 in 5 women aged 75 and older

Rural elderly women are exposed to a double risk of poverty as compared to urban elderly women

- Village 7%
- Towns 17%

Source: NBS, Survey on population access to health services, 2012

**Employment of elderly women**

Are employed:
- 1 in 9 women aged 65 and over from villages (11%)
- 1 in 23 women aged 65 and over from towns (4.4%)

Out of 10 employed women aged 65 and over:
- In villages:
  - 7 work on their own account (74%)
  - 3 have other employment status (26%)
- In towns:
  - about 9 are employees (86%)
  - 1 works on her own account (14%)


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