Are you migrating for work?

KNOW YOUR RIGHTS!

This pamphlet provides vital information to female migrant workers in Myanmar and abroad.
Chit Chit's Story

Chit Chit was eight years old when she and her parents and a younger brother in Myanmar. Her father was away looking for work and her mother ran a small shop where she sold handmade scarves. Her mother saved little money, and the family struggled to cover at their expenses. Chit Chit could not find any work and promised her mother at the shop. One day, a woman came to the shop and her mother ran a small shop to the border. After crossing the border, she told her mother that this was her new passport, and gave Chit Chit’s father 480,000 Myanmar Kyat on the condition that Chit Chit would work as a domestic worker with a family in Thailand as a domestic worker with a family, but she knew they needed money to survive. After a week, Kyaw Zaw returned and took Chit Chit to Thailand with him. Chit Chit lived in a small room and was expected to work for the family, but she knew they needed money to survive. After a week, Kyaw Zaw returned and took Chit Chit to Thailand with him.

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**OVERSEAS SUPPORT FOR MIGRANT WORKERS**

### Malaysia

**Important telephone numbers**
- Police: 999
- Ambulance: 999
- Myanmarese Embassy
  - Raja Chulan, 50250 Kuala Lumpur
  - Telephone: 03 7956 3488
  - P.O. Box 493 Jalan Sultan,
  - Telephone: 03 7770 3691; 7770 3671

**Labour Attache**
- Telephone: 03 8024 2953: 03 8024 2953; 03 8024 3717

**Women’s All-Organisation**
- Samsennok, Huaykwang Bangkok 103 10
- Telephone: 0 2435 1246
- Email: myanmarembassybkk@gmail.com

**Important telephone numbers**
- Police: 112
- Immigration and Checkpoints Authority
  - Police: 999

### Singapore

**Important telephone numbers**
- Police: 999
- Ambulance: 999
- Myanmarese Embassy
  - 11 Sandong Road, 049129 Singapore
  - Telephone: 65 6337 0282

**Labour Attache**
- Telephone: 65 6337 0282

**Women’s All-Organisation**
- 140-210, 114-12, Eunhaeng-dong, Jung-gu, Daejeon
- Telephone: 053 4211411
- Email: lgorenet.a@tenaganita.net

**Important telephone numbers**
- Police: 191
- Medical Emergency: 168

### Thailand

**Important telephone numbers**
- Police: 114
- Medical Emergency: 168

**Important telephone numbers**
- Police: 114
- Medical Emergency: 168

**Labour Attache**
- Telephone: 0060126316887
- Email: u_tin_aung@tenaganita.net

**Women’s All-Organisation**
- 140-210, 114-12, Eunhaeng-dong, Jung-gu, Daejeon
- Telephone: 053 4211411
- Email: lgorenet.a@tenaganita.net

### Note

*The Country codes for Myanmar are: with dialing code +95 for international calls, +96 for domestic calls. When dialing from outside Myanmar dial the country code (95) and then the mobile/landline number. When dialing from within Myanmar dial the country code (95) and then the local/mobile number.*
Together we can make migration safe for Myanmar’s women!