Beijing+25 Asia Pacific Youth Blog
Submission guidelines

Eligibility criteria:
- Young people (from 14 to 30 years of age)
- Nationals from any country in Asia-Pacific

Format:
- Written text describing your ideas, experiences, aspirations or concerns in relation to gender equality and women’s rights in your country or region.
- Text should make reference to the Beijing Declaration and Platform for Action.
- 400-800 words
- The submission should include a title, a short biography and social media accounts of the author.
- Please include a picture of yourself in high resolution.
- Pictures should be attached to the email submission, including credit.
- Submissions will be reviewed, formatted and edited by UN Women.

Tips
- Before start writing, reflect on the key message and topic of the blog. Prepare an outline including all your ideas.
- Use your own voice and words ensuring that language is politically correct and culturally sensitive.
- When using statistics, please cite the source.
- Please use hyperlinks when referring to a document, articles or information available online.
- Avoid jargon.